4. A Gift from the Angels

Whenever one goes to bed (to prepare for sleeping), one Noble Angel and one Shaitān quickly come towards that person. The Angel says to that person, ‘Finish off your day in a good way and start off your night in a good manner too.’ Whereas the Shaitān says to him, ‘Finish off your day in sin and start off your night sinning as well.’

So, if the person obeys the Angel and ends his day in the remembrance of Allāh and before he goes to sleep starts the night by the remembrance of Allāh by reciting:

| Recite 34 Times | Allāhu Akbar | الله أكبر |
| Recite 33 Times | Alhamdulillāh | الحمد لله |
| Recite 33 Times | Subhanallāh | سبحان الله |

then that Angel will get rid of the Shaitān, and will protect the person until he wakes up from his sleep. When one wakes up again (in the morning) then that Shaitān again rushes to his side and says the same thing that he did when the person was going to sleep, and the Angel too will say what it did the night before. Thus, if a servant again remembers Allāh the way he did before he went to sleep the previous night, then that Angel once more will get rid of the Shaitān; and Allāh will write the reward of worship for that person for the entire night.

5) Distancing One’s Self from Shaitān

Imām Muhammad ibn ‘Ali al-Ba‘qir (peace be upon him) has said, “One who recites the tasbīh of Fāṭimah az-Zahrā (peace be upon her) after that, asks for forgiveness (from Allāh) will be forgiven (by Allāh). This tasbīh on the tongue is (the recitation of the Dhikr) 100 times, but as for the weight in the Scale (of Deeds), it is counted as 1000 (good deeds); and (in addition, this Tasbīh) will distance Shaitān from one’s self and will make the Beneficent (Allāh) pleased (with that person).”

Benefits of the Recitation of Tasbīh of Fāṭimah az-Zahrā

Translated by Afifa Hudda

Effects of the Tasbīh

1. Deliverance from Misfortunes

Imām Ja‘far as-Ṣādiq (peace be upon him) has said: “O’ Abā Hārūn! We command our youngsters to recite the Tasbīh of Fāṭimah (peace be upon her) just as we command them to perform the Ṣalāt. Therefore, be cautious of (performing) it, for whichever servant is not careful of it will become misfortunate.”

2. Forgiveness of One’s Sins

Imām Ja‘far as-Ṣādiq (peace be upon him) has said: “Anyone who, after his Wājīb Ṣalāt, and before he moves his feet (moves his right foot from on top of his left foot as is recommended in Ṣalāt) recites the Tasbīh of Fāṭimah az-Zahrā (peace be upon her), then all of his sins will be forgiven and he should start this Tasbīh with ‘Allāhu Akbar’.”

3. Heaven Becomes Compulsory

Imām Ja‘far as-Ṣādiq (peace be upon him) has said: “One who recites the Tasbīh of Fāṭimah az-Zahrā (peace be upon her) after the obligatory Ṣalāt, before one changes the position they were in (for the Tashahhud and Ṣalām) Allāh will make heaven obligatory for that person.”